



Want to get published in the JBJS OrthoBuzz Resident Roundup?

Blog Post Guidelines:

- Approximate word count: 400-750
- Topics can be wide ranging. What would *you* like other residents and trainees to know? (Examples: lessons you’ve learned and “a-ha” moments; reflections on mentorships, orthopaedic patient care, and choosing ortho; juggling life responsibilities while being a resident; humorous stories and helpful take-aways; or perspectives on recent studies or interest areas in ortho news)
- A conversational tone is encouraged

Please include:

- Name as you would like it to appear in the blog post (including academic degrees)

Optional:

- Institutional affiliation and year
- Any social media handle (Twitter or IG)
- Anything else you wish to share in your byline (hobbies, special interests, etc.)
- Photo (jpg, png, tiff)

Submit your blog post as a Word document along with your (optional) photo via email to **orthobuzz@jbjs.org**. Include the subject line: OrthoBuzz blog post

*Publication is at the discretion of JBJS, and not all submissions will be accepted. Posts may be edited prior to publication. Content must be original and not previously published.